



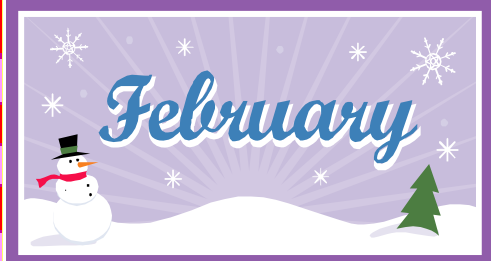
Happy Valentine's Day



A smile is cheer from you to me, the cost is nothing it's given for free. It consoles the weary and gladdens the sad and can make someone happy when they are mad. Unlike blessings, for which we pray, a smile is the only thing you keep when you give it away.

Happy Valentine's Day to all from the staff

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FEBRUARY BIRTHDAYS

Please, join us Monday, February 20th at 2:00pm in the Dining Room.
Everyone is Welcome!

HAPPY BIRTHDAY...

Dorothy Santiago 11th

Cecil Seim 13th

Elaine Krois 14th

Ruth Hansen 15th



Lex Drews 17th

Bob Simon 20th

Clyde Hatch 25th

Eileen Giles 28th

Welcome New Residents!

(Keystone Residents)

Please welcome your new neighbors by introducing yourself. Better yet, invite them to sit at your table in the dining room.

(Welcoming Wagon)

To our Volunteer Greeters, we appreciate your time and kindness to our new residents!

(New Residents) Please come to coffee & News Mondays, Wednesdays and Fridays at 9:45am (NK)

New Residents of Keystone

Mary Lou Johnson

Thank you for being a part of our community. If you have a family member or friend who is looking for a place to call home, let us know and we will be happy to give a tour and discuss all the amenities of Keystone Communities of Eagan

Reminders

Remember, New Mart delivers. If you need anything, you can reach them at 651.452.6413.

Activities, using the Keystone bus, may be cancelled because of inclement/hot/cold weather

7th D'AITa Jewelry show

9th IHop breakfast outing

12th Lincoln's Birthday

13th Mystic Lake Casino

14th Valentine's Day program. Stephen plays love songs.



Mark Your Calendar

15th House meeting

17th Axel's River Grille luncheon

20th Birthday party

21st Chair dancing w/Stephen in the internet café

27th Luncheon at Culver's 28th Podiatry

Thought for the month

"The whole of life is but a moment of time. It is our duty, therefore, to use it, not to misuse it."



Administrator RN

I am very pleased to announce that we have just wrapped up one of the historically coldest months of the year! One month closer to Spring time. For those of you using insulin syringes, make sure you dispose of them in a ridged, safety designed Sharps container. They're normally red and have a special protective closing lid. You are prohibited from disposing any needles in the garbage at any time. Keystone will be happy to help dispose of any full needle containers. Ask me or the charge nurse for help. Remember, with cold and flu season upon us, wash hands often, cover mouth and nose when coughing or sneezing and then wash your hands.

Have a wonderful February and Happy Valentine's Day.

Mark

Dining Services

Hi Everyone!

We are now using low sodium gravy mixes as well as meat products. The taste is as good as before. There are salt and pepper shakers on the tables. The dining room is open for all residents and families. Feel free to sit anywhere there is an open seat. We want all of you to know how much we look forward to serving you each and every day.

Let me know if you have any concerns.

Have a good month.

Thank you.

Alex



Maintenance

Hello Everyone!

Everyone should have renter's insurance. There are many things that might occur and financial protection is a very necessary benefit.

Through your past years, owning a car, home or business, you've had insurance coverage. This month, we will have fire protection and safety awareness discussed at our house meeting. The Eagan fire marshal will join us. We will discuss our building and specifically what to do in the event of an emergency. Please, bring your questions and be ready to learn. The fire marshal will conduct an inspection on the 3rd starting 11am on all floors including the garage. Any apartment is open to this inspection, per city codes and Keystone policy. **Mike**



Marketing, Leasing & Activities

Greetings Everyone!

Have you read the calendar yet? I've planned a full month of activities and outings. Remember to sign up for all the breakfast, luncheon and other outings. The book fills up fast. Keep in mind, if the weather is frightful, we may have to cancel outings. Your safety comes first.

Last month I purchased a CD entitled "Sit-Down Dancing." Our activity went over so well, I've decided to schedule the activity on the 21st at 2:00pm.

Seating is limited. Come early and "clam" your seat. I had fun, too. We are going to IHop restaurant for breakfast this month. I've heard so much about the place, I thought we should give it a shot. Don't forget to mark your calendar for our house meeting on the 15th. The Eagan fire marshal will join us. It should be a very informative meeting. Happy Valentine's Day to all the Keystone residents and their families. That's all for now.

Read your calendar every morning. We want you included in all of our events and happenings.

Have a good month. Stay well. Stay positive. Stephen



Valentine's Day Poems



January Birthday Celebrants



Mary Hall Performed for Party

Special People

On Valentine's Day, we think of people who have cheered and encouraged us, who go out of their way to be kind and caring, who have enriched our lives just by being themselves. You are such a person. We're so happy you're our residents. Happy Valentine's Day!

Special Connection

Valentine's Day is for expressing affection; Fond thoughts are coming your way; We've always had a special connection, so Happy Valentine's Day!

Glad to Know You

On Valentine's Day, the day of affection, our thoughts quickly turn in your direction. This valentine poem is meant to show you how very glad we are to know you!

If Valentine's Day Did Not Exist

If Valentine's Day did not exist, no flowers, gifts or cards, we'd search to find another way to send you our regards. We must communicate to you appreciation and respect, hoping our heartfelt message has a warm and good effect. But Valentine's Day is here again, so we send this poem to say: You're extraordinary, special, rare; Happy Valentine's Day!

Valentine's Day

Valentine's Day is a wonderful way to make "I love you" easy to say.

