

The Willows Activity Calendar January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year! 9-10 Resident Cares 10:00 Snack/Juice 10:30 Bowling 10:45 Exercise 3:00 Memory Reflections/Snack	2 Offices Closed 9-10 Resident Cares 10:00 Snack/Juice 10-10:30 Mini Massage w/Susan 10:45 Exercise 6:30 Hand Massage	3 9-10 Resident Cares 10:00 Snack/Juice 10:30 Fingernails - All Residents 10:45 Exercise 3:00 Music w/Stephen 6:30 Watch Wheel of	4 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Snack/Juice 6:30 Foot Massage w/ Lotion	5 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Puzzles/Snack 6:30 Hand Massage	6 9-10 Resident Cares 10:00 Snack/Juice 10:30 Story Time 10:45 Exercise 2:30 Ice Cream Social 6:30 Movie	7 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise Video 3:00 Bingo/Snack 6:00 Lawrence Welk 6:00 Popcorn Served
8 9-10 Resident Cares 10:00 Snack/Juice 10:30 Bowling 10:45 Exercise 3:00 Memory Reflections/Snack	9 9-10 Resident Cares 10:00 Snack/Juice 10-10:30 Mini Massage w/Susan 10:45 Exercise 6:30 Hand Massage	10 9-10 Resident Cares 10:00 Snack/Juice 10:30 Fingernails - All Residents 10:45 Exercise 3:00 Music w/Stephen 6:30 Watch Wheel of Fortune	11 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Snack/Juice 6:30 Foot Massage w/ Lotion	12 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Snack/Juice 6:30 Hand Massage	13 9-10 Resident Cares 10:00 Snack/Juice 10:30 Story Time 10:45 Exercise 2:30 Ice Cream Social 6:30 Movie	14 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise Video 3:00 Bingo/Snack 6:00 Lawrence Welk 6:00 Popcorn Served
15 9-10 Residents Cares 10:00 Snack/Juice 10:30 Bowling 10:45 Exercise 3:00 Memory Reflections/Snack	16 Martin Luther King, Jr Offices Closed 9-10 Resident Cares 10:00 Snack/Juice 10-10:30 Mini Massage w/Susan 10:45 Exercise 6:30 Hand Massage	17 9-10 Resident Cares 10:00 Snack/Juice 10:30 Fingernails - All Residents 10:45 Exercise 3:00 Music w/Stephen 6:30 Watch Wheel of Fortune	18 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 12:30 House Meeting 3:00 Snack/Juice 6:30 Foot Massage w/ Lotion	19 9-10 Resident Cares 10:00 Snack/juice 10:45 Exercise 2:00 Let's Bake Cinnamon Rolls 3:00 Puzzles/Snack 6:30 Hand Massage	20 9-10 Resident Cares 10:30 Story Time 10:45 Exercise 2:30 Ice Cream Social 6:30 Movie	21 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise Video 3:00 Bingo/Snack 6:00 Lawrence Welk 6:00 Popcorn Served
22 9-10 Resident Cares 10:00 Snack/Juice 10:30 Bowling 10:45 Exercise 3:00 Memory Reflections/Snack	23 9-10 Resident Cares 10:00 Snack/Juice 10-10:30 Mini Massage w/Susan 10:45 Exercise 2:00 Birthday Party 6:30 Hand Massage	24 9-10 Resident Cares 10:00 Snack/Juice 10:30 Fingernails - All Residents 10:45 Exercise 3:00 Music w/Stephen 6:30 Watch Wheel of Fortune	25 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Snack/Juice 6:30 Foot Massage w/ Lotion	26 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise 3:00 Puzzles/Snack 6:30 Hand Massage	27 9-10 Resident Cares 10:00 Snack/Juice 10:30 Story Time 10:45 Exercise 2:30 Ice Cream Social 6:30 Movie	28 9-10 Resident Cares 10:00 Snack/Juice 10:45 Exercise Video 3:00 Bingo/Snack 6:00 Lawrence Welk 6:00 Popcorn Served
29 9-10 Resident Cares 10:00 Snack/Juice 10:30 Bowling 10:45 Exercise 3:00 Memory Reflections/Snack	30 9-10 Resident Cares 10:00 Snack/Juice 10-10:30 Mini Massage w/Susan 10:45 Exercise 3:00 Games/Snack 6:30 Hand Massage	21 9-10 Resident Cares 10:00 Snack/Juice 10:30 Fingernails - All Residents 10:45 Exercise 3:00 Music w/Stephen 6:30 Watch Wheel of Fortune		9-10 daily All residents will have their morning "make over"	Birthday Party is held in the main dining room *** House meeting is held in the main dining room	Activities Subject to Change