



## MONTHLY NEWSLETTER

### DEPARTMENT HEAD UPDATES

SHAN ROEHRICK  
RN ADMINISTRATOR



ED ROEHRICK  
MAINTENANCE DIRECTOR



RACHEL KUBAL  
CHEF MANAGER



**Hello Everyone,**  
I am so excited to be at Keystone of Faribault. I have worked with Keystone for three years in Eagan and am very excited to be coming home to Faribault. I was born and raised in Faribault, I graduated high school from Bethlehem Academy and had several different careers before finally settling into my passion of nursing. I appreciate all your kind words and smiles as I am getting settled into my new role in Faribault. I wish all of you a wonderful new year.  
\*Shan\*

**Happy New Year everyone!!**  
We hope you all had a wonderful Christmas with family and friends. May 2012 bring each and every one of you great happiness and joy. We look forward to meeting all of your requests and needs as they may arise this year at your home at Keystone. April and I wish you the best... God bless each and every one of you!!

**HAPPY 2012 EVERYONE!!**  
January is National Soup Month which I think will be a delightful time to try out some new soups. If you have a great recipe or just a soup suggestion please let Rachel know. We will also celebrate "Winter Olympics Week" and have some fun with the staff & residents. Also, "Blizzard P.J. Day" featuring a breakfast lunch meal. I hope everyone enjoys the new arrangement of the elegant dining room with the cozy fireplace!! Invite your loved ones in for a warm cup of coffee or cocoa!  
Happy New Year to you all, may 2012 bring you much joy and excitement.



**TAMMY AKEMANN-MARKETING/ACTIVITY DIRECTOR**

**Marketing and Activities Director: Tammy Akemann**

I see that a new year has begun!! Happy New Year to everyone!! What is your New Years Resolution? Just a thought...I have some

fun and eventful activities planned for the month of January that I know you will all enjoy.

We are inviting Wilmer Bermiester on the 10th to come entertain us with his accordion!! I can't wait...

**Have a wonderful month!!**





# KEYSTONE GAZETTE

## NEW YEARS REFLECTIONS

**JANUARY BIRTHDAY'S**  
**George Knutson-10th**  
**Donovan Daws-13th**  
**Videll Mueller-26th**  
**Ardes Siemers-26th**  
**Harold Schmidtke-27th**  
**Phyllis Stultz-31st**

Looking back on the months gone by, as a new year starts and an old one ends, we contemplate what brought us joy, and we think of our loved ones and our friends.

they enriched our lives we reflect upon who really counts, as the fresh and bright new year arrives.

we're going to have a Happy New Year!!!



And when I/we ponder those who do, I/we immediately think of you...

Recalling all the happy times, remembering how

Thanks for being one of the reasons

**MONTHLY THOUGHTS**



## TRADITIONS...

New Year's Eve Ball Drop... In New York City, a large, illuminated 700 pounds of iron and wood ball was first lowered from the Times (New York Times) Tower flagpole at midnight to signal the end of 1907 and beginning of 1908. The ball has been dropped every New Year's Eve since then except for 1942 and 1943 due to the wartime "dim-out" of lights. The ball's materials have changed throughout the years, dependent on technology, and was redesigned by Waterford Crystal for the 2000 celebration. A worldwide audience now watches the ball-lowering ceremony, and the ball drop has become the world's welcome to the New Year...

**WE WELCOME OUR NEW RESIDENT TO THEIR NEW HOME AT KEYSTONE COMMUNITIES OF FARIBAULT;**  
**MARY NEYMEYER**



## MONTHLY ACTIVITIES

**BREAD BAKING-EVERY OTHER SUNDAY & EVERY THURSDAY**

**EXERCISE EVERY MONDAY, WEDNESDAY, FRIDAY, SATURDAY & SUNDAY**

**JANUARY 1-HAPPY NEW YEAR!!!**

**JANUARY 10-WILMER BERMEISTER & HIS ACCORDIAN**

**JANUARY 11-PAJAMA DAY-MOVIES ALL DAY & BLIZZARDS IN THE AFTERNOON**

**JANUARY 12-PIE SOCIAL**

**JANUARY 20-HAT DAY**

**JANUARY 30-TEA SOCIAL**

