

VOLUME 5 ISSUE 9

September 2011



KEYSTONE COMMUNITIES OF MANKATO

Keystone Gazette

Celebrate!



September 11-17, 2011



"I like to see a man proud of the place in which he lives. I like to see man live so that his place will be proud of him."

~Abraham Lincoln



Join us as we celebrate our American pride and community during this special week of exciting events and activities!

Flower Arranging Class to be Offered

Do you love flowers? Diane Selly from Earthworks Gardens is offering a flower arranging class for interested Residents at Keystone. Flowers will be provided and you supply your own vase. For planning purposes, Diane would like a number of how many would be interested in participating in this fun class. Please contact John if

you are interested ASAP. Class needs to be held by Sept. 15. A group of at least 10 needed. More information to come if enough interest!

(\$10.00 fee for each participant)



Welcome to our newest residents of Keystone!

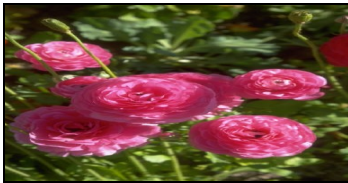
*Father Frances Kunz
Gordon & Jana Cornish*

*From your friends at
Keystone Communities of
Mankato.*

Volunteers Needed

Volunteers are needed to help prune the rose bushes that adorn our parking lot. See John Larson if you are interested.

Thank you.



Shuttle Service Update

We will be expanding our Thursday Shuttle Service from 8:30am to 3:30pm. This will be on a trial basis only to evaluate the amount of usage during this time. Shuttle will be limited to only 2:00pm on select Thursdays for the Memory Care Scenic Drive Outing. Please refer to your weekly schedule. Any questions, please contact John. Thank you.

FLU SHOTS

Flu shots will be given to residents by Walgreens Pharmacists on **WEDNESDAY, OCTOBER 19** at **9:00am**. You must sign-up with Judy at the main desk if you wish to receive a flu shot at Keystone. More details to come. Protect yourself from your chances of getting the flu!

Better health! Better Living at

September 2011 Birthdays!

Betty Koich	1	Vi Carlson	21
Richard Styer	4	Pat Ireland	24
Lena Krueger	5	Hollie Reeves	25
Ben Carey	8	Jeanan Anderson	25
Brad Reeves	14		



~September 2011 Highlight of Events~

- Sept. 5, [LABOR DAY](#); 3:00pm, Resident Council Meeting
- Sept. 10, 2:30pm, Entertainment by The Jubilairs
- Sept. 12, 11:30am-1:00pm, Dinner Music by Pianist/Singer Cindy Rupp; 1:00pm, Bookmobile Here
- Sept. 13, 2:30pm, Entertainment by The Begalkas: 7:00pm, USO Themed Dance & Entertainment by Don Sieberg & Betty Goettl
- Sept. 14, 9:00am– 11:00am, Bake Sale w/ proceeds benefitting the Alzheimer’s Assoc. **(Donations Needed)**
2:45pm, Birthday Party w/ Entertainment by Dale Martel
- Sept. 15, 6:30pm, “Smiling Memories and Melodies of 1950” w/ John Korsgard
- Sept. 16, 2pm-4:00pm, “Dunk your Favorite Keystone Employee” in the dunk tank & Rootbeer Floats!
- Sept. 19, 10:30am, Lunch Outing to the Peddler in Rapidan; 2:30pm, Entertainment by Denny Turtle
- Sept. 21, 10:00am, Ladies Lunch Outing to The Depot in Elysian, MN.
- Sept. 23, [AUTUMN BEGINS](#) 2:30pm, Entertainment by “The One Man Band” Harvey Kane
4:00pm, Outing to the Indian Island Winery
- Sept. 26, 1:00pm, Bookmobile Here; 1:15pm, Keystone Book Club w/ Ann
- Sept. 27, 10:00am, Entertainment by the Pickers ‘n’ Grinners
- Sept. 28, 7:00pm, MSU Play Outing: “RENT” (FREE!)
- Sept. 30, 8:30am, ROMEO Men’s Breakfast Outing– TBA; 2:00pm Pie Excursion to The Dam Store



~September Chapel Services~

Lutheran Services: 10:00am

- Sept. 1– Pastor Petersen
Sept. 14– Pastor Geistfeld
Sept. 15– Pastor Begalka
Sept. 22– Pastor Madson
Sept. 29– Pastor Strandt or Pastor Titusdahl from U.C.C.

Methodist Service: 10:00am

- Sept. 8– Jo Thomas
Sunday Chapel Services,
9:00am
with Gentle Shepherd Ministries



Catholic Services: 2:00pm

- (Rosary precedes at 1:30pm)
Sept. 7– Father Kunz
(Note: 9:30am Rosary w/ Mass at 10:00am)
Sept. 14– Father Oelsum
Sept. 21– Father Biren
Sept. 28– Terry Haefner



Season of Pentecost





Quarterly Department Reports



STEVE FREDERICK, MAINTENANCE DIRECTOR:

It is Maintenance and Housekeeping's goal to keep a safe and clean environment here at Keystone Communities of Mankato. Please note, your comments and suggestions are appreciated. In the event of a maintenance emergency contact Steve Frederick at 507-469-0423 or the front desk at 507-385-7080. If life threatening, please dial 911. For all other maintenance requests please fill out the non-emergency request forms. With Autumn beginning this month, we will soon see trees turning beautiful colors. It seems as though at times we complain about the heat, humidity, cold, etc... One thing for sure living in the state of Minnesota, the seasons and weather are always changing! Fall is a beautiful time of year. Hopefully we will all get a chance to enjoy the Fall season this year.

MICHAEL GRUNDEN, CHEF MANAGER:

As summer comes to an end, I like to reflect back on some of the fun things we did here at Keystone. As always, our Keystone Family Picnic is the highlight of the summer and this year was another great one. We served 391 guests and had a wonderful time doing so. Plans are already underway for our picnic next summer. It's been fun to utilize the grills for many of the meals this summer. We will continue to do so as weather permits. The Keystone Chefs are in the process of rolling out a new fall menu, with some new additions along with the classic and favorite dishes. I will be sending out a Food Service Survey this month, and hope to get some good feedback on the overall dining experience. Please be sure to fill the survey out and let us know how we are doing. Once again, thank you all for making Keystone Communities a great place to work!

JUDY'S CRAFT CORNER UPDATE:

The very first thing I would like to do is thank everyone who helps with recycling greeting cards! Like myself, we are learning and becoming more creative as time goes by. Our new craft room is cheerful and inspiring. It is located on 3rd floor right across from the exercise room. If you have not had the time to stop by and look at it, drop by on Monday afternoons to see the "crew" hard at work. We have a lot of fun laughing, creating and sharing ideas. Everyone is welcome to come help or stop by to chat. Your dedication and hard work is shown by all the wonderful cards displayed and ready to sell down in the main lobby area. I know many residents, families and staff have enjoyed looking at them and buying them for that special occasion or for that special someone. Be on the look out as we will soon be selling "gift tags".

They are adorable and affordable! Just the right little touch to decorate your package or gift bag.

Our once upon store room is now a cozy craft room for many to enjoy!

JOHN LARSON, DIRECTOR OF MARKETING & ACTIVITIES:

This year we observe the 11th Anniversary of 9/11. This tragic event brought the entire nation closer to each other truly realizing the impact 9/11 had on our lives, our families, our friends and the pride we have in our country. September is the month we celebrate National Assisted Living Week 2011.

A week long celebration of pride we have in our country and our community here at Keystone. Please join us as we come together as a family and honor the lives lost on 9/11 and celebrate by participating in an array of exciting events and activities and remain **FOREVER PROUD!** We will also be supporting the Annual Alzheimer's Association Memory Walk to cure Alzheimer's so please be generous and show your support financially or by donating your baked goods to our Bake Sale!



Keystone Communities of Mankato

Mission Statement:

“Our passion for excellence is the key to enhancing the lives of the seniors we serve.”

100 Dublin Road, Mankato, MN 56001

507-385-7080, main number

507-385-7081, fax number

www.keystonecommunities.com

In case of emergency: 507-469-0425

**Alzheimer’s Association Walk to
End Alzheimer’s**

Saturday, September 17, 2011.

Show your support by donating to our Annual Bake Sale on Sept. 14 from 9am-11am. Please have your baked goods donations in to John by Sept. 14. No need to price your items as Keystone Staff will price them for you. We will be accepting cash/check donations through the end of September. With your kind donations we can continue to support the Alzheimer's Association to find a cure to end Alzheimer's.

Thank you for your support in the past, present and future!

Keystone Communities of Mankato

~In the Know Corner~

***Need stamps?** See Judy at the front desk Mon.-Fri. from 9am to 3pm only.

***Please notify the kitchen by 10:00am if you need to change or add to your meal plan.**

***Please do not remove** the Free Press or Star Tribune from the lobby. Thank you.

***Scoter Rental is available!** See John for more information.

***No Free Press delivered?** Please contact the Free Press directly by calling 625-4451 by 10:00am to guarantee delivery.

***SEE JOHN IF YOU SEE ANY ERRORS OR WISH TO SUBMIT ANY SPECIAL ANNOUNCEMENTS TO THE KEYSTONE GAZETTE. ANNOUNCEMENTS ARE DUE BY THE 25TH OF EACH MONTH.**

***Have any activity ideas?** Entertainers? Speakers? Outings? Contact John .

***Keystone Totes for Sale!** Need a convenient tote to shop with and promote Keystone while you shop? They are available for \$1.00 each. See John to purchase one!

Scoter Owners: All scooters are to be kept inside your apartment at all times. They are not allowed in the hallways due to fire code. Thank you for your cooperation.

We express our christian sympathy to the family and friends of Geraldine Goodge ~ Blessed be her memory

