



# KEYSTONE LANE CONNECTION



Here are some holiday tips from the Alzheimer's Association:

Merry Christmas to everyone!

We have had a wonderful year and it has been a joy spending time with the great people in Keystone Lane each day.

We will all look forward to a New Year and everything that will bring!

The holidays are a time when family and friends come together and share memories, laughs and good cheer. But for families living with Alzheimer's, the holidays can also be a difficult time. Here are some holiday tips:

### Involve your loved one in the festivities

There are many manageable activities your loved one and you can do together, such as:

- Help wrap gifts
- Bake favorite holiday recipes together. The person can stir batter or decorate cookies.
- Talk about events to include in a holiday letter
- Read cards you receive together
- Look through photo albums or scrapbooks. Reminisce about people in the pictures and past events.
- Watch a favorite holiday movie
- Sing favorite carols or read biblical passages

### When the person lives in a care facility

A holiday is still a holiday whether it is celebrated at home or at a care facility. Here are some ways to celebrate together:

- Consider joining your loved one in any facility-planned holiday activities
- Bring a favorite holiday food to share
- Sing holiday songs. Ask if other residents can join in.
- Read a favorite holiday story or poem out loud.



SEASON'S  
GREETINGS

## KEYSTONE COMMUNITIES OF PRIOR LAKE

Keystone Communities of Prior Lake  
4685 Park Nicollet Ave.  
Prior Lake, MN 55372

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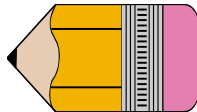


We're on the web!  
[www.keystonecommunities.com](http://www.keystonecommunities.com)

**HAPPY DECEMBER  
BIRTHDAY TO:  
FRANCIS P.**



Department Heads  
Updates:



Teri Larson~ RN Administrator  
Happy Holidays everyone! Thank you for a wonderful year. Fairview Clinic will be making house calls in 2012. Let me know if you would like a visit for your loved one.

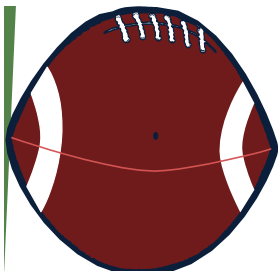
Sarah Tormoen-Chef

If you have any requests or concerns with your loved one's diet, please let me know 952-226-9203.

Kelly Roehrick-Maintenance Director

Please call me at 952-226-9323 if you have any work orders.

Lori Terhaar-Director of Marketing & Activities: Merry Christmas to all of you. I feel blessed to be with the residents of Keystone Lane everyday!



## December Highlights

December 4th ~ Mr. & Mrs. Claus performing in Main Dining Room

December 10th ~ Piano Recital

December 11th ~ Dance Studio Performance in Dining Room

December 11th ~ Christmas Play by Friendship Church Youth

December 13th ~ December Birthday Party w/Entertainment

December 17th ~ Methodist Youth Group Sing along

December 24th ~ Christmas Eve

December 25th ~ Merry Christmas!

December 31st ~ New Year's Eve Party!

Football season is upon us and loyalty to the Packers and Vikings is mixed at Keystone as it is in most places. We wanted to share a story from a resident in Keystone Lane. It is sure to make any fan smile!

**Wally's story ( Wally is pictured left in the red):**

Wally went to Marionette High School in Wisconsin in 1940. The school had a program where students could get tickets to the Packer games for 80 cents. Wally and his buddy would load up his Essex sedan with as many kids as would fit for the 47 mile drive to Green Bay. He figured between gas and stopping at Mae Drury's restaurant for a 95 cent chicken dinner, the trip to see the Packer's play cost a little over \$2.00. They never missed a game!