



# Lakefront Days Parade

The bus was full for our annual ride in the Prior Lake parade. We had a great time and this is the first year we took the golf cart with our flag. Thank you to all the participants!

*Below: Joan S. Helen M. Betty Mc. Phyllis M.*

*Lower right: Georgina W. Bess H.*



*Above: Donna Mae K. Evert S. Phyllis W. Phyllis H.*

*Upper Right: Warren & Betty R. on the route*

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# DEPARTMENT HEAD UPDATES

**Teri Larson RN Administrator**



**Thank you to all the performers and all who helped with our Family Picnic. It really is my favorite day of the year. How nice it is to see everyone! The week of September 11 - 17<sup>th</sup> is National Assisted Living Week. We will be celebrating Assisted Living, Residents and Staff all week long. Thank you for choosing Keystone! Start planning now to get your annual flu shot. We will be holding a flu shot clinic at Keystone in October. Our new cushions on the porch furniture look very inviting!**

**Kelly Roehrick**  
**Maintenance/  
Housekeeping Director**



Elevator Etiquette:

Please remember to stand back from the door when you are waiting for the elevator. Let the people who are in the elevator off first and give them room. We are often coming out with our cleaning carts or residents are on scooters or using walkers. We want to keep everyone safe!

**Chef Sarah Tormoen**  
**Dietary Manager**



The tomatoes are ready for picking! If you need help, let the kitchen know. We have picked some and have them on a shelf in the kitchen. Thank you to Bryce Barnes for checking on them and keeping them watered. We had a bumper crop this year. It was great seeing everyone at the picnic again this year! Enjoy the beautiful fall weather.

**Lori Terhaar Marketing/Activity Director**

Happy fall to everyone. We are looking forward to going to the Apple Orchard. This month is full of celebrations. We start the month with our family picnic. The performance by the Keystone players is always a hit. Congratulations Dolores Jackson on another fabulous skit. Sept. 11th is Grandparents day and the 10th anniversary of the attack on the Twin Towers. I'm sure all of us remember where we were the day it happened. We also kick off National Assisted Living Week. We have many fun activities planned to celebrate. Watch the weekly calendar and signs to know what will be going on each day. We finish off the month with the Alzheimer's Walk on Saturday, September 24th. We will be taking donations right up until they go!



# SPECIAL SEPTEMBER EVENTS—MARK YOUR CALENDAR...

September 1st ~ FAMILY PICNIC— PICNIC IS SERVED FROM 5-7PM. ENTERTAINMENT, CLOWN, AND A PERFORMANCE BY THE KEYSTONE PLAYERS



September 5th ~ Labor Day— Offices will be closed— No Mail Delivery

September 8th ~ Trip to Super Target

September 10th ~ New Entertainment in the Dining Room

September 11th ~ Grandparents Day!

September 11th— 17th: ASSISTED LIVING WEEK



September 12th ~ Lunch out to Burger Jones

September 13th ~ September Birthday Party w/Entertainment

September 15th ~ Trip to Cub Foods

September 19th ~ Lunch out to Red Lobster

September 22nd ~ Trip to Rainbow Foods

September 23rd ~ First day of Autumn

September 23rd ~ Entertainment w/Mary Hall

September 24th ~ Alzheimer's Walk

September 26th ~ Trip to the Apple Orchard and Lunch at Emma Krumbies in Belle Plaine

September 29th ~ Trip to Village Market

Schwan's Man Here: Sept. 14th & 28th



## Activities for National Assisted Living Week

We have many things planned for this week. We are going to have an ice cream social, games with the residents and staff, dress in Red, White & Blue day. There will also be trivia contests and coffee & treats in the lobby every morning. It is a wonderful time to celebrate our Keystone community!

Happy Birthday in September  
to...



- 1st~ Jayne P
- 2nd~ Ruth R.
- 2nd ~ Nancy D.
- 7th ~ Lois D.
- 10th ~ Alpha J.
- 11th ~ Lois V.
- 20th ~ Ardis D.
- 21st ~ Claire A.
- 28th ~ Rose H.

Our Birthday Celebration will be on  
Tuesday, September 13th at 1:30pm in  
the Main Dining Room.

## Hymn Sing w/Blanche

We have been fortunate the last few years hav-  
ing Blanche volunteer to lead a bi monthly  
hymn sing. She was joined by her friend Mar-  
garet and resident pianist, Georgina. She has  
shared  
her love  
for sing-  
ing and  
making  
people  
smile  
with us.  
We  
thank  
her for  
that!



Welcome to our new residents:



Dorothy S. apt. 213  
Arlene C. apt. 204

## Alzheimer's Memory Walk

We are collecting money  
for our Alzheimer's walk  
team until September  
23rd.

Stop by Lori's Office to  
buy a \$10 brick for our  
Memory Walk Wall!



*Pictured Above:*  
Blanche, Geor-  
gina, Margaret

*Left: Blanche  
w/Vi T.*

*Below:*

*Betty C. Blanche,  
Donna Mae K.  
and Vi T.*

